



# Our Natural W RLD

Teacher Manual



## Class-1

## Chapter-1 All About Myself

#### Exercise

- **A.** Do it yourself.
- **B.** Do it yourself.
- C. Do it yourself.

## Chapter-2 My Body and Its Parts

#### Exercise

A. 1. b. external

- 2. c. energetic
- 3. b. both hands and legs
- 4. c. brain
- **B.** 1. We use our hands to hold, write etc.
  - 2. We have four fingers and a thumb in each of our hand.
  - 3. Brain is the most important part of our body.
  - 4. We use our legs to run and walk.
- **C.** 1. 🗸
- 2. **X**
- 3. 🗸
- 4. 🗸

5. 🗸

#### HOTS

- Eyes and ears are external organs of our body. Organs which we can see with our eyes are called external organs.
- Brain and lungs are internal organs of our body as they are located inside our body.

## Things to Do

Do it yourself.

## Fun Time

Head Neck Shoulder Chest Stomach **Finger** Hand Knee Leg Knee Foot Toe

## Life Skills

Do it yourself.

## **Chapter-3 Our Sense Organs**

## Exercise

- **A.** 1. c. five
- 2.
- b. breathe 3. a. tongue
- 4. a. plants and trees
- **B.** 1. We have five sense organs.
  - 2. Nose helps us to smell.
  - 3. Our skin helps us to feel hot or cold.
  - 4. Ears helps us to hear music.
  - 5. Our whole body is covered with skin.
- **C.** 1. ✓
- 2. X
- 3. 🗸
- 4. X

5. 🗸

D. Hand and Ear

Hand and Eyes

Ears

Eyes

Hand and Skin

Nose and Hand

#### HOTS

- 1. (i) We should not touch our eyes with dirty hands.
  - (ii) We should not spend too much time watching television.
- Our eyes and ears will help us to know about their beauty.

## Things to Do

Do it yourself.

## **Fun Time**

- chocolate bar
- 2. beautiful rangoli
- 3. perfume
- 4. hot water
- 5. music system

## Life Skills

Do it yourself.

## **Chapter-4 Keeping Our Body Fit and Healthy**

#### Exercise

- **A.** 1. c. 2. b. twice Healthy 3. a. clean
  - 4. c. always
- **B.** 1. We should get up early in the morning.
  - 2. We should wash our hands with clean water before eating.
  - 3. We should brush our teeth twice everyday.
  - 4. We should follow certain healthy habits to keep our body fit and healthy.
  - 5. We should play outdoor games everyday.
- **C.** 1. ✓
- 2.
- 3. X
- 4. X

- 5. X
- **D.** (✓) Outdoor games
  - (✓) Brushing teeths
  - (✓) Taking meal at fixed time
  - (✓) Combing hair
  - (X) Not taking proper breakfast
  - (X) Eating on the road

#### **HOTS**

- 1. Our body works like a machine. If we do not follow healthy habits we can become ill.
- Do it yourself.

# Things to Do

Do it yourself.

## **Fun Time** Do it yourself. Life Skills Do it vourself. Chapter-5 My Family Exercise A. 1. c. smallest 2. a. small 3. b. small 4. a. father and mother c. joint **B**. 1. A small family has three or four members only. 2. Parents love and take care of their children. They work hard to arrange food, clothing, education and to fulfil all the needs of their loving children. 3. Do it yourself. 4. Mother's brother is called maternal uncle. 5. Our brothers and sisters are called our siblings. C. 1. X 2. 3. 4. 🗸 5. 🗸 **D**. Small Family Large Family Joint Family HOTS Do it yourself. Things to Do Do it yourself. **Fun Time** Do it vourself. Life Skills Do it yourself. **Chapter-6 My House** Exercise **A**. 1. b. basic 2. a. two c. dining 5. 4. b. drawing room c. bathroom **B**. 1. The place where we live with our family is our house. 2. Kuchcha house are made of mud, bamboo, wood, straw and dry leaves. 3. The kitchen is used for cooking food. 4. We meet our guests in the drawing room. 5. Small houses, flats or bungalows are two types of pucca houses. C. 1. 🗸 2. 3. **X** 4. 🗸 5. **D.** Do it yourself.

Cement

h.

HOTS

1. a.

Bricks

2. Do it yourself.

c. Iron

## Things to Do

Do it yourself.

## **Fun Time**

Do it yourself.

## Life Skills

Do it yourself.

# **Chapter-7 Our Clothes**

#### Exercise

- A. 1. b. smart 2. a. summer 3. c. sheep
  - 4. b. professions
- 5. a. Saree
- **B.** 1. We all wear clothes to protect ourselves from heat, cold, rain, wind, dust, germs and insects.
  - 2. People wear cotton clothes in summer season because they absorb sweat and keep the body cool.
  - 3. We wear raincoats to protect ourselves from getting wet.
  - 4. We wear wollen clothes in winter season.
  - 5. The soldiers of a country wear uniforms.
- **C.** 1. ✓ 5. X
- 2. 🗸
- 3. 🗸
- 4. 🗸

- D. Jacket
  - Gloves

01<u>0</u> V <u>C</u> 3

Tr<u>ou</u>sers

F<u>r</u>o<u>c</u>k

Shlrt

Sweater

## HOTS

- 1. a. Doctor
- b. Nurse
- c. Lawyer
- 2. Raincoats and gumboots are made of waterproof materials like rubber and plastic.

## Things to Do

Do it yourself.

#### **Fun Time**

Summer Season

Rainy Season

Winter Season

## Life Skills

Do it yourself.

# **Chapter-8 Food and Water**

#### Exercise

- A. 1. b. healthy
- 2. b. proteins
- 3. b. three

- 4. a. breakfast
- 5. c. dinner

**D.** Do it yourself. HOTS 1. The first meal of the day is called breakfast. 2. Food items that are prepared from milk are called milk products. For example cheese, butter and curd. Things to Do Do it yourself. **Fun Time** Do it yourself. Life Skills Do it yourself. **Chapter-9 My School** Exercise Α. 1. b. music room 2. b. library 3. b. peon 4. a. sweeper В. 1. Do it yourself. 2. We go to school to learn many things. 3. The sweeper sweeps and mops the classrooms. 4. Do it yourself. 5. We should never miss our school. C. 1. 🗸 2. 🗸 3. 🗸 4. X 5. D. Do it yourself. **HOTS** Do it yourself. Things to Do Do it yourself. **Fun Time** Do it yourself. Life Skills 1. The liberarian looks after the books and magazines kept in the library. 2. The gardener looks after the plants and flowers in the garden. 3. The peon rings the bell after every period.

Our Natural World-1 (6

5. Water removes the toxins from our body in the form of sweat and urine.

3.

4. 🗸

B. 1. We get our food from plants and animals.2. Milk is considered as complete food.3. We should take three meals in a day.

2. X

4. We take our dinner at night.

C. 1. 🗸

5. X

# **Chapter-10 Places in Our Neighbourhood**

4. X

#### Exercise

A. 1. a. politely 2. b. shops 3. c. post office

4. a. bank 5. b. public

**B.** 1. Good neighbours are just like our family members.

2. We should try to keep our neighbourhood neat and clean.

3. We use the ATM machine to withdraw money.

4. Park, Bank and Health Centre.

5. We go to a health centre when we are sick.

**C**. 1. ✓ 2. ✓ 3. ✓

5. 🗸

**D.** 1. park 2. shopping complex

3. health centre 4. bank 5. school

#### HOTS

1. We go to a park to play and relax.

2. School, shopping complex, park, post office and bank.

## Things to Do

Do it yourself.

## **Fun Time**

Do it yourself.

## Life Skills

Do it yourself.

## **Chapter- 11 Our Social Assistants**

## Exercise

A. 1. b. comfortable 2. a. post office

3. b. mechanic 4. a. plumber

5. c. cobbler

**B.** 1. A carpenter makes new furniture for the houses. He also repairs old furniture.

 A mason builds new houses. He also repairs floors and roofs of houses when it gets damaged.

3. Vendor sells green vegetables.

4. Buses, trucks, cars etc. are repaired in a garage.

5. We must behave properly and talk politely to our social assistants.

C. 1. ✓ 2. X 3. ✓ 4. ✓

5. X

**D.** Do it yourself.

#### HOTS

1. a. Postman: He brings letters, parcels, money orders etc. for us.

b. Tailor : He stitches our clothes.

# Things to Do

Do it yourself.

#### **Fun Time**

Do it yourself.

## Life Skills

Do it yourself.

## **Chapter- 12 Our Festivals**

#### Exercise

A. 1. a. Lights 2. c. 10 3. b. spring

4. a. one 5. a. brotherhood

**B**. 1. Festivals are occasions of joy and enjoyment.

2. Diwali or Deepawali is called the 'Festival of Lights'.

3. Eid is the festival of love and brotherhood.

4. Ravana was a symbol of evil.

5. The christians celebrate chirstmas.

C. 1. 🗸 2. X 3. 🗸

5. 🗸

**D.** 1. d. 2. e. 3. a. 4. c.

5. b.

#### HOTS

- 1. Our country is called the 'Land of Festivals' because we celebrate many festivals throughout the year.
- Christmas is celebrated on 25<sup>th</sup> December every year.

## Things to Do

Do it yourself.

## **Fun Time**

Do it yourself.

## Life Skills

Do it yourself.

## **Chapter- 13 Transportation and Communication**

#### Exercise

A. 1. b. three 2. a. wheels 3. c. animals

4. c. cities 5. b. scanners

- B. 1. There are three means of transport. They are land, water and air. Car and scooter are examples of land transport. Ship and boat are examples of water transport. Aeroplane and helicopter are the means of air transport.
  - 2. All vehicles moving on roads have wheels.
  - 3. Air transport is the fastest means of transport.
  - 4. We use mobile phones to talk to people.
  - 5. Newspapers brings us news from various parts of the world everyday.

C. 1. X 2. 🗸 3. 🗸 4. 🗸

5. /

**D.** Do it yourself.

#### HOTS

Different means of communication help us to stay in touch with people living far or near to us.

## Things to Do

Do it yourself.

# **Fun Time**

Do it yourself.

## Life Skills

Do it yourself.

## **Chapter-14 Animals Around Us**

## Exercise

A. 1. c. rabbit 2. b. forests 3. c. both places

4. a. carnivores 5. c. eight

**B.** 1. Cow, goat and buffalo are farm animals.

2. Snakes and mouse live in burrows.

3. Scavengers eat dead animals.

4. Animals like frog, tortoise etc. can live both on land and in water. They are called amphibians.

5. Insects mostly have three pair of legs.

C. 1. X 2. X 3. ✓ 4. X

5. **X** 

**D.** 1. Snake 2. Dog 3. Duck 4. Spider

5. Mosquito

**E.** 1. d. 2. e. 3. a. 4. b.

5. c.

## HOTS

1. In cities/towns we can see wild animals in a zoo.

2. By eating dead animals the scavengers keep the environment clean.

## Things to Do

Do it yourself.

# **Fun Time**

Do it yourself.

## Life Skills

Do it yourself.

## **Chapter-15 Safety Rules**

## **Exercise**

**A.** 1. a. right 2. a. fast 3. c. red

4. a. zebra crossing

**B.** 1. We should never play with sharp objects because we may get hurt.

2. We should stop when traffic light turns red.

3. We should always cross the road at a zebra crossing.

4. We should not disturb the driver while travelling in a bus.

5. We should stand in a queue at the bus stand.

C. 1. ✓ 2. X 3. X 4. X

5. 🗸

## **HOTS**

- 1. Zebra crossing is an area of road painted with broad white strips, where vehicles must stop if people wish to cross. We use zebra crossing for our safety on the roads.
- 2. Red light tells driver to stop. Green light means the driver can start driving or keep driving. Yellow light tells the driver to stop when its safe because the light is about to turn red.

## Things to Do

Do it yourself.

#### **Fun Time**

Do it yourself.

#### Life Skills

Do it yourself.

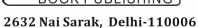
# **Model Test Paper-I**

- A. 1. b. external 2. a. plants and trees
  - 3. b. twice 4. c. joint 5. c. dining
- **B.** 1. Our brain controls all the functions of our body.
  - 2. Our skin helps us to feel hot or cold.
  - 3. We should play outdoor games everyday.
  - 4. Our brothers and sisters are called siblings.
  - 5. People wear cotton clothes in summer season because they absorb sweat and keep our body cool.
- **C.** 1. X 2. X 3. X 4. ✓
  - 5. **)**
- D. 1. Our body is like a machine. If we do not follow healthy habits habits we can become ill.
  - 2. Do it yourself..

## Model Test Paper-II

- A. 1. a. breakfast 2. c. post office
  - 3. b. mechanic 4. a. brotherhood
  - 5. a. whees
- **B.** 1. Water remove toxins from our body in the form of sweat and urine.
  - 2. ATM machine is used to withdraw money.
  - 3. A mason builds new houses and also repairs floors and roofs of houses when it gets damaged.
  - 4. Eid is the festival of love and brotherhood.
  - 5. Newspaper brings us news from various parts of the world.
- **c.** 1. ✓ 2. X 3. ✓ 4. ✓
  - 5. X
- D. 1. a. Librarian: The librarian looks after the books and magazines kept in the library.
  - b. Gardener: The gardener looks after the plants and flowers in the garden.
  - 2. Scavengers keep the environment clean by eating dead animals.





91-92052 41680, 91-93196 12825 Phone woodsbookpublishing@gmail.com **Email** Website: www.woodsbookpublishing.com